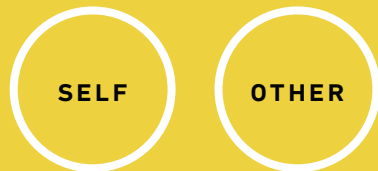


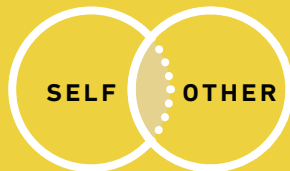
UNITED AMIDST DIVERSITY



(A) NOT EMPATHIZING

Feeling as if we are disconnected, separate, or at odds with an "other."

Anything or anyone we can perceive as an object, such as a person, a thing, or an idea.



(B) EMPATHIZING

Feeling as if we are connected as one with an "other."



(B') HYPER EMPATHIZING

Feeling as if there is no or cannot be any distance, distinction, or boundary between ourselves and someone or something else, while staying intellectually capable of perceiving them as an "other."

EMPATHY is a word invented to explain our potential to move from (A) to (B) and (A) to (B')

Sometimes we instantly *realize* EMPATHY and the move requires no effort.



Other times, we have to make an effort to move ourselves to a place where we can more easily *realize* EMPATHY.

